



November 12, 2021

Dear Friends of CVHHH,

We are grateful for your continued partnership in supporting Central Vermont Home Health & Hospice (CVHHH). Thanks to you, CVHHH continues to provide high quality, medically necessary home health and hospice care to all Central Vermonters, regardless of a person's ability to pay.



I first learned about CVHHH from a coffee mug. I was home from college visiting my parents and saw a mug with three H's (Home, Health, and Hospice) in their kitchen cabinet. At the time, I didn't think much about what those three H's represented. I knew my mother, Peg, was on CVHHH's Board of Directors and that the organization hosted a really cool annual fashion show.

Within the next several years, the three H's took on an important meaning to me, as **CVHHH was responsible for providing the skilled, compassionate nurses and personal care attendants who took exceptional care of my grandfather at his home in Woodbury.** After being hospitalized, my grandfather was discharged home and received CVHHH services. I remember the smiling, laughing personal care attendant who gently helped him with his daily exercises and bath routine and who made sure he always got the rest he needed. Through his last years, **my grandfather was cheerful and comfortable and in his own home. CVHHH was a huge part of providing his care.**

My career path led me into health care policy where I now spend a significant amount of time thinking about health systems and different types of care. Following in my mother's footsteps I now serve on CVHHH's Board of Directors as the Vice Chair. In both my full-time job and in my Board role, I have learned so much about CVHHH's work, and I am so proud of the positive impact the organization makes in our community. **CVHHH's clinicians and visiting staff literally meet people where they are. They do this by bringing medical care, education, and support to people of all ages in the comfort and safety of home.**

They also create plans of care and set goals in partnership with their clients' needs and real-life circumstances in mind.

When accompanying Carrie, a long-time Physical Therapist at CVHHH, on a client visit when I first joined the CVHHH Board, I was able to experience again how dedicated and passionate the clinical staff are about the services they provide. They skillfully deliver exceptional, quality care to their patients in such a compassionate and heartfelt way. Not only did Carrie provide excellent care to her patient with a neurological condition, she also provided support and education to her patient's wife, who was overwhelmed about the challenges and circumstances of her husband's condition. **"I love my job and my patients," said Carrie, "and I want the best possible outcome for each of them."**

The dedication of the team at CVHHH was also especially apparent during the height of the COVID-19 pandemic. CVHHH clinicians cared for COVID-positive individuals, administered over 1,000 COVID-19 vaccines to Central Vermonters at home, partnered with other community service organizations, including local EMS crews, and our staff never wavered in their dedication to ensuring Central Vermonters' needs were met.

Please join me again in making sure that CVHHH's compassionate home care and community care is available for all who need it by making a donation today. Your contributions support the excellent clinical teams who give care to our parents, grandparents, and babies, and who will care for us when we need it.

With appreciation,



Mary Kate Mohlman
Vice Chair, CVHHH Board of Directors

PS - In these challenging times, the staff at CVHHH have been going above and beyond in their care for our community, including patients sick with Covid-19. Please join me in sharing your gratitude today.