



For Immediate Release

Friday, May 10, 2019

CVHHH Welcomes New Board Members at 2019 Annual Meeting

Barre, VT – Central Vermont Home Health & Hospice (CVHHH) welcomed four new central Vermonters to its board of directors at the 2019 annual meeting. These individuals will serve two-year terms. For a list of CVHHH's current board of directors, visit www.cvhhh.org/leadership.



Alan Rubel Alan is the owner of Vision of Success, a printing and promotional-products company. Alan sits on the board of directors of the Vermont Sports Hall of Fame and is actively involved with the Vermont Senior Games Association, a committee of the VT Governor's Council on Physical Fitness & Sport. Alan has previously served as board president for Beth Jacob Synagogue in Montpelier, Barre City alderman, and Barre Town school board member. He is a five-time gold medalist in the Vermont Senior Games throwing the javelin. Alan has authored two books and was the caregiver for his longtime partner and for his father. He attended Champlain College and McGill University. Alan has five children and 14 grandchildren and lives in Barre City.

Mary Kate Mohlman Mary Kate is a Health Services Researcher in the Blueprint for Health program, a role she returned to after serving as Vermont's Director of Health Care Reform in the Agency of Human Services. Before joining the Blueprint, Mary Kate worked at the Georgetown University Lombardi Comprehensive Cancer Center on modeling the effects of tobacco control policies on smoking-related morbidity and mortality rates. She holds a Ph.D. in Global Infectious Disease and a Masters in Science from Georgetown University. Mary Kate has published papers in Maternal and Child Health, Nicotine & Tobacco Research, and Population Health Management, among others. Previously, Mary Kate worked for U.S. Senator Patrick Leahy as a member of his Judiciary Committee Staff. She resides with her husband and two children in Montpelier.

Martha R. Rainville, DC Martha is an academic coordinator at the Community College of Vermont in Montpelier, where she is also the advisor for Allied Health, Medical Assisting, Medical Billing & Coding, and the STEM studies degree programs. Martha holds a Doctorate of Chiropractic from the New York Chiropractic College and a Dental Hygiene degree from the University of Vermont and is completing a Masters of Education at Northern Vermont University at Lyndon. Martha grew up on a dairy farm in Franklin, VT and is the youngest of twelve children. Her son is in the Coast Guard and is stationed at Fort Wadsworth in Staten Island, NY. She lives in Barre City with her wife and enjoys outdoor activity and spending time with her dogs and family.

Debbie Kerin Debbie was born and raised in central Vermont and attended Spaulding High School. For the past 40 years, Debbie has worked at Northfield Savings Bank. Currently, she is the Vice President of Community

Banking at NSBVT in Barre. Debbie's mother was served by CVHHH. Debbie is active as a volunteer in her community, including with Barre Youth Sports and Barre Basketball Tournament Committee. "I understand the importance of volunteering to help non-profit organizations thrive," she says. Debbie lives in Barre with her husband, Phil, and has two children. In her spare time, she enjoys reading and cheering on the New England Patriots.

About CVHHH

Central Vermont Home Health & Hospice (CVHHH) is a full-service, not-for-profit Visiting Nurse Association committed to providing high-quality, medically-necessary home health and hospice care to all central Vermonters, regardless of ability to pay. CVHHH also provides long-term care and health promotion services. To learn more about CVHHH's services, visit www.cvhhh.org